DEPARTMENT OF DEVELOPMENTAL SERVICES

1600 NINTH STREET, 240, MS 2-15 SACRAMENTO, CA 95814 TDD 654-2054 (For the Hearing Impaired) (916) 654-1888

Draft: 7/19/06



CONSUMER ADVISORY COMMITTEE MEETING NOTICE/AGENDA

JANUARY S M T W T F S

DATE: August 15 and 16, 2006



TIME: August 15 9:00 AM to 5:00 PM

August 16 8:30 AM to 3:00 PM

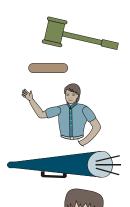


WHERE: Hawthorn Suites

321 Bercut Drive Sacramento, CA (916) 441-1200

<u>AGENDA</u>

August 15, 2006



- 1. **(9:00-9:15) CALL TO ORDER** Tina Ewing-Wilson
 - A. Introductions
 - B. Announcements
 - C. Approval of Meeting Agenda

[&]quot;Building Partnerships, Supporting Choices"



 (9:15-9:45) DEMONSTRATION OF THE DRAFT LEADERSHIP MATERIALS - Mark Starford and Sherry Beamer



 (9:45-10:30) MISSION STATEMENT PERSON-CENTERED THINKING -Mark Starford and Sherry Beamer

- a. Using your mission statement for change
- b. Members talk about what they are doing now that reflects their mission
- c. Report from members on their mission statements
- d. Person-centered questions: a method to help make decisions and changes



4. **(10:30-10:45)** BREAK



5. (10:45-11:30) RELAXATION-Beth Rubenstein

- Basic components of taking care of your body and mind
- b. Group exercise



6. (11:30-1:00) LUNCH (members and their personal facilitators to meet and have lunch with their "Leadership Team Facilitator")





- 7. (1:00-2:00) LOOKING YOUR BEST AND BEING ORGANIZED FOR MEETINGS -Dawn O'Connor Rowe
 - a. Grooming and Professional Dress
 - ✓ Grooming and care (self-check list)
 - ✓ Appropriate dress for meetings
 - ✓ Creating a CAC image

[&]quot;Building Partnerships, Supporting Choices"

- Organization-how to keep track of events/meetings
 - ✓ Pre-planning for meetings
 - √ Keeping organized at meetings
 - ✓ Organization after meetings
 - ✓ Getting help if needed



8. **(2:00-2:15)** BREAK



- 9. **(2:15-3:00) COMMUNICATION** Brian Marsh
 - Learning how to understand and manage your feelings about making changes and learning new strategies
 - b. Check-In: Something good that has happened since the last meeting



- 10. **(3:00-3:30) FACILITATOR AGREEMENT** -Mark Starford
 - a. Review assessment process
 - b. Why and how members get and maintain support in order to be successful



11. **(3:30-4:00) COMMUNITY ASSIGNMENTS**-Mark Starford



12. **(4:00-5:00) CAC MEMBERS' SESSION**



a. Time for sharing and general discussion

FACILATATORS/PRESENTERS SESSION

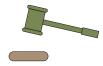
- a. Discussion on how it's working
 - "Building Partnerships, Supporting Choices"

- b. Next steps in the leadership program
- c. Methods to use in facilitation
- d. Continuing and completing work in the community



12. **(5:00) END FOR THE DAY**

August 16, 2006



1. **(8:30-8:45) CALL TO ORDER-**Tina Ewing-Wilson



- A. Announcements
- B. Approval of May Meeting Minutes



(8:45-9:15) ENHANCING WORK
 OPPORTUNITIES FOR CONSUMERS – Denyse
 Curtright



3. **(9:15-9:30)** BREAK



4. (9:30-10:30) CAC MEMBER'S COMMUNITY ACTIVITIES



5. **(10:30-11:00) DDS BUDGET UPDATE-** Jean Barawed/ Jane Christopherson



6. **(11:00-11:30) EMERGENCY PREPAREDNESS**-Carol Risley



7. (11:30-12:45) LUNCH

[&]quot;Building Partnerships, Supporting Choices"

8. **(12:45-1:30) QUALITY MANAGEMENT SYSTEM UPDATES**- Renee Kurjiaka, Debra
Reath, Ursula Bischoff



9. **(1:30-1:45)** BREAK



10. **(1:45-2:15)** SELF DIRECTED SERVICES UPDATE- Yvonne McCuistion-Tucker



11. (2:15-2:45) CONSUMER SERVICES
COORDINATOR REPORT- Nicole Patterson



12. (2:45-3:00) FINAL CHECK ON ASSIGNMENTS AND SUBMIT TRAVEL PAPERWORK



13. **(3:00) END MEETING-** Tina Ewing-Wilson, Chairperson

CAC MEMBERS AND GUESTS ARE REQUESTED TO REFRAIN FROM CLAPPING OR MAKING LOUD NOISES DURING THE MEETING OUT OF RESPECT FOR THE NEEDS OF OTHERS.

This meeting notice and agenda is also available on the Department of Developmental Services' web site at http://www.dds.ca.gov

For more information please call Nicole Patterson at (916) 654-1888.